

Best Practice1

Student centric activities Goal The students of the college come from various backgrounds with diverse social and economic conditions. They have dormant potential and skills. The college aims at actuating the students to realise their potential and tone up skills, in order to transform them into knowledgeable and aware citizens through various value based and social activities of various organisations active in college. The Context The college always strives for overall development of students through student centric social, cultural and sports activities. The practice Efforts are put in by college to involve students in various student centric activities through NSS, NCC, Rovers and Rangers, red ribbon club, rotract club and sports department of the college. Students are oriented about activities of these organisations after the admissions are over. Through these organisations, they are motivated to contribute in cleanliness campaign, plantation campaign, drug abuse awareness campaign, AIDS awareness campaign and celebrate important national and international days. This not only helps them to inculcate spirit of team work, healthy competition, but also provides an opportunity to imbibe social values and learn life skills. NSS volunteers and NCC cadets organise activities like cleanliness and plantation in and around the college on regular basis. NCC cadets of college participate in various training camps, parades, trekking and social activities. Blood donation camps are organised in college twice a year by NSS, NCC, rovers and rangers and rotract club. Besides NSS volunteers also donate blood whenever required by any person in need. National and international days like science day, sports day, NSS day, International women's day, International Yoga day, world AIDS day, constitution day, voter awareness day, nutrition day and surgical strike day are celebrated from time to time. Sportsmen of the college have grabbed medals at state and national level games. In many sports events college has won champion trophies and runner up trophies in succession for years. Evidence of success 1. Sixty four NCC cadets participated in swachh Bharat abhiyan at children park Hiranagar, Anoo and college campus. 2 Four NCC cadets participated in trekking at Baijnath, Amarkantak. 3 NCC cadet Ashish Kumar participated in Pre republic day camp at Ropar, Punjab. 4NCC shooting team of college won bronze medal in inter college shooting competition at Shimla. 5 Blood donation camp was organized twice in the session by NSS, NCC, Red ribbon club and rotract club. 6 AIDS awareness programme and rally were organised on world AIDS day by red ribbon club. 7 Traffic rules awareness workshop was organised by NSS in association with police department Hamirpur to sensitise students. 8 NSS volunteers, Rovers and Rangers and NCC cadets participated in plantation campaign in college campus as well as in Heeranagar forest area. 9Awareness programme and rally on SVEEP (systematic voter's education and electoral participation) was organised in the college. 10 Cleanliness drive was carried out in college on regular basis by NSS, NCC under Swachhata abhiyan. Campus is declared tobacco/ smoking free and no tobacco products are used within 100 mts of college campus. 11 NSS volunteers participated in mock

exercise on disaster management memory walk on the eve of Anniversary of 1905 Kangra earthquake, organised by district administration Hamirpur. 12 A workshop on Biodiversity and existence of man was organised in association with forest department Hamirpur by NSS. 13 A drug abuse awareness campaign was organised in Mati Tihra panchayat of Hamirpur by NSS. 14 Sixty nine medals including 26 gold, 18 silver, 25 bronze medals were won by college students in various state level sports competitions. 15 Miss Priya Thakur was adjudged best athlete of Himachal Pradesh University Shimla. 16 College won winner trophy in state level inter college Kho Kho championship. 17 English department organised 2 days workshop on English speaking to improve oratory skill of the students. Problems encountered 1 Lack of funds 2 Difficulty of motivating students during peak session and at the end of session when they get with the preparation of their examinations.

Best Practice 2

1. Title of The Practice: Environmental and cleanliness initiatives Goal Cleanliness and environmental awareness are essential parameters of any healthy and sustainable human society. So, there is urgent need to transform students into cleanliness and environment warriors, so that sustainable relationship between man and surroundings can be maintained. The Context The college always strives to inculcate the qualities of Cleanliness and environmental awareness among students. So that they develop empathic attitude towards the environment and contribute positively to sustain their environment. The Practice Students are motivated to participate in cleanliness activities in college campus and at other places in the town. The Swachh Bharat campaign is being carried out successfully in college through organizations like NSS, NCC, Rovers and Rangers and Eco club regularly. The students are also motivated to promote the activities of environmental awareness drive, plantation, weed eradication, environmental friendly practices such as pooling of vehicles to reduce carbon footprints and strict ban on cigarette/tobacco products. Evidence of Success • Various species of plants were planted in college campus through plantation campaign in rainy season to enhance Carbon neutrality. • Teachers and students pool vehicles for commuting to reduce pollution. • Cigarette and tobacco products are strictly banned within 100m of college campus. • Dustbins have been placed at various locations in the institution. They are periodically cleaned away by the staff. • No disposable plastic materials are used in college campus. • Plantation campaign was carried out in forest area of Hamirpur by NSS, NCC and college students under the supervision of Forest Department, Hamirpur. • A special cleanliness and beautification drive was carried out during annual 7 days special NSS camp in December, 2019. • Six graffiti depicting important social messages on communal harmony, drug abuse awareness, environmental consciousness, biodiversity conservation and importance of library, armed forces, sports were painted by NSS volunteers to spread awareness among students and visitors. • Uprooting of cannabis and lantana weeds was done in college campus by NSS, NCC volunteers. • A special cleanliness campaign was carried

out around IGNOU centre during visit of director IGNOU Shimla. Problem Encountered
Time constrain was the problem as plantation activity period July-Aug coincides with peak
teaching periods of the session.