

## NSS Activities 2024-25

Under the themes

“Youth for My Bharat & Youth for Digital Literacy”

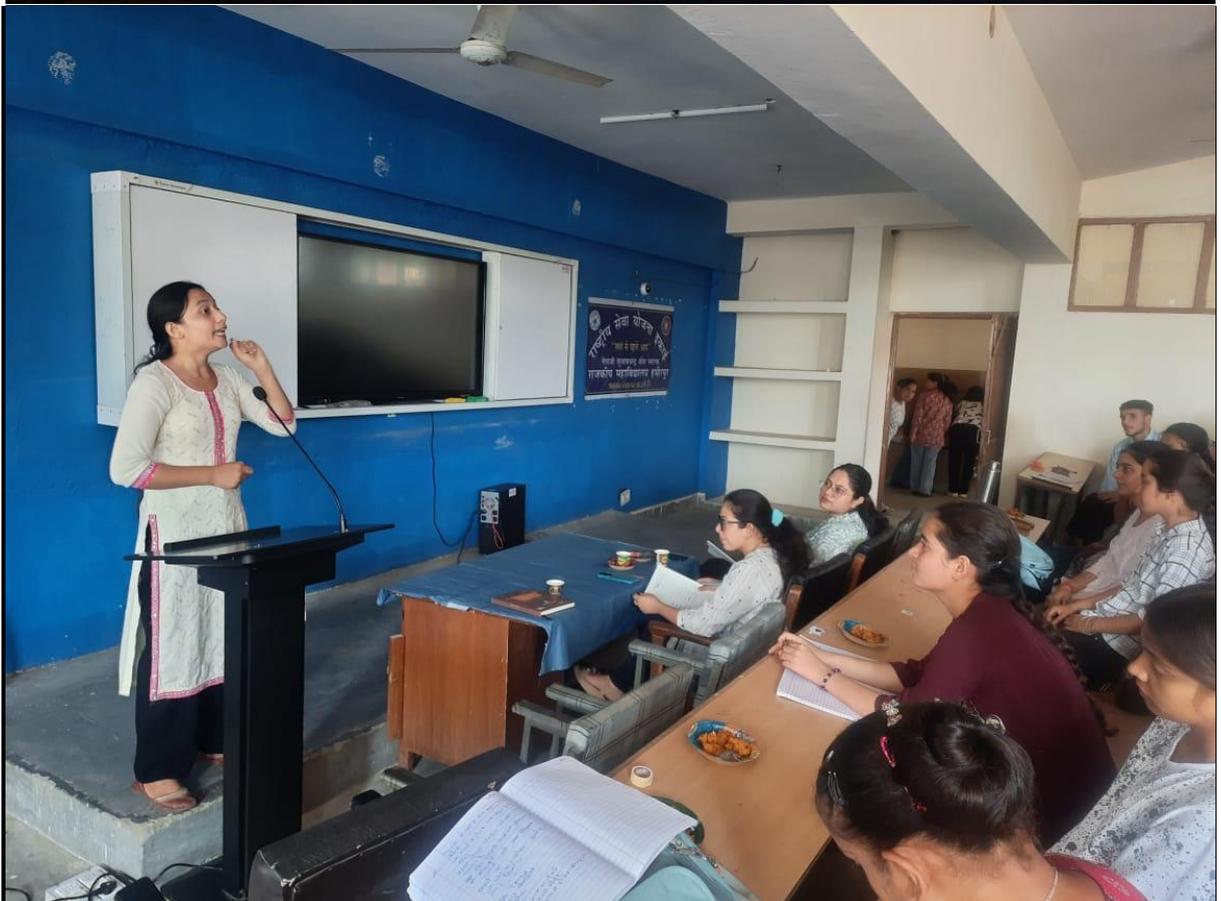
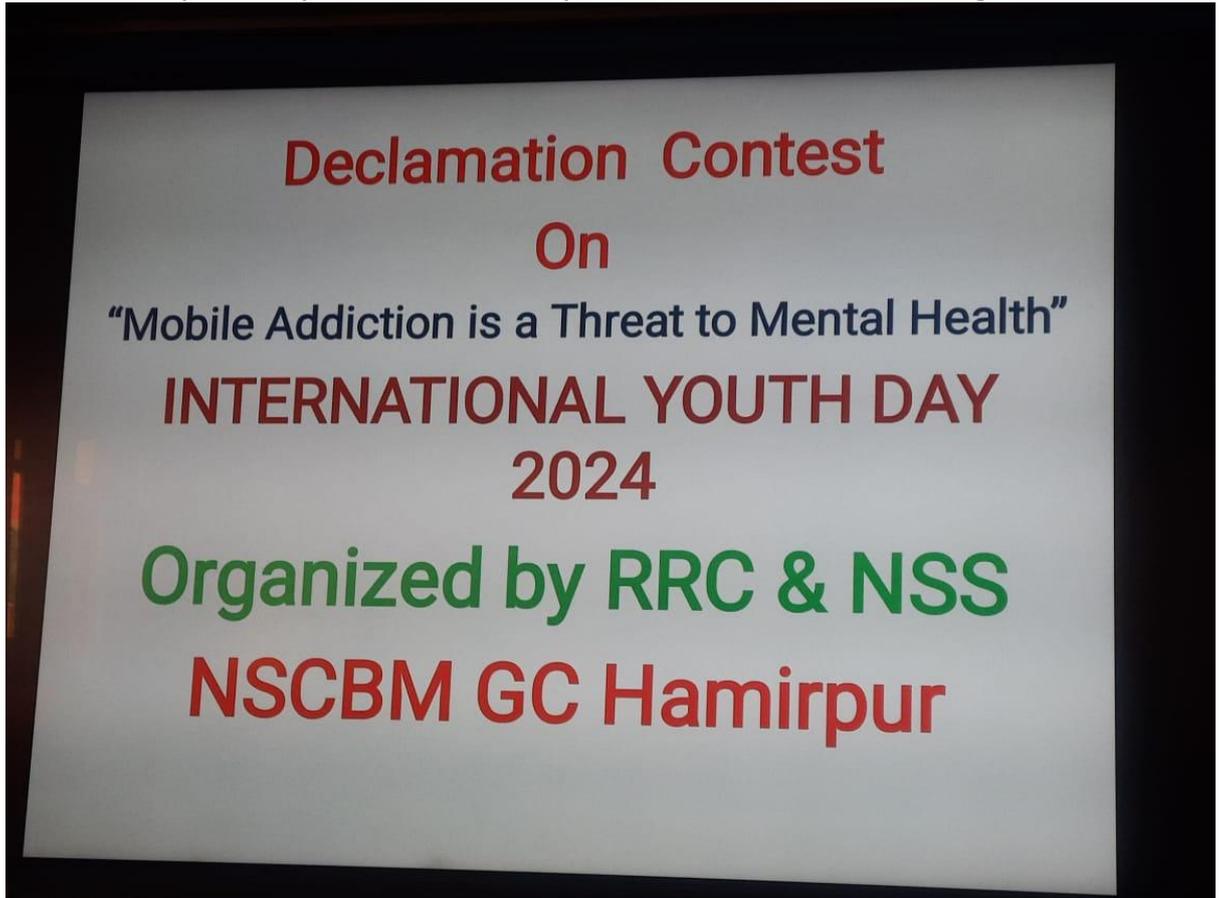


Two units of NSS with the enrolment of 200 volunteers are running in our college under the supervision of programme officers Dr.Sapana Kumari and Prof. Sanjay Chauhan. The NSS activities of academic year 2024-25 are as follows:

1. The Orientation Program for newly registered volunteers was organized on 09<sup>th</sup> August 2024.



2. International youth day was celebrated by NSS volunteers on 12<sup>th</sup> August 2024.



3. Celebration of Independence Day on 15th August 2024 and distribution of sweets to the volunteers and students.



4. On 23<sup>rd</sup> August 2024 and 13<sup>th</sup> September 2024 Cleanliness Drive was organized in NSS Vatika and other parts of the college campus.



5. On 28th August 2024, NSS Volunteers participated in District level Red Run marathon of 3km organised by CMO Health and Family Welfare Department, Hamirpur.



6. On 17<sup>th</sup> September 2024 cleanliness drive was conducted in the college under the theme of Swachhata Hi Seva campaign. Main gate area was cleaned by collection of plastics and broken glass items by the NSS volunteers. Some volunteers of Nehru Yuva Kendra also participated in the campaign and motivated the students.



1. On 23<sup>rd</sup> September 2024, a District Level Pre-RD selection Camp was organised by NSS Unit of the college with active participation of 25 volunteers from GC Sujanpur, GC Nadaun, GC Barsar, GC Bhoranj, and GC Dhaneta and Swami vivekanand College of Education Tarkwari. The selected candidates after their scrutiny by the NSS in-charges were sent to a State Level Competition at MLSM Sunder Nagar.



2. National NSS day was celebrated on 24<sup>th</sup> September 2024 with the active participation of volunteers. A motivational lecture was delivered by the resource person Prof.Uttam

Kumar

Sharma, District

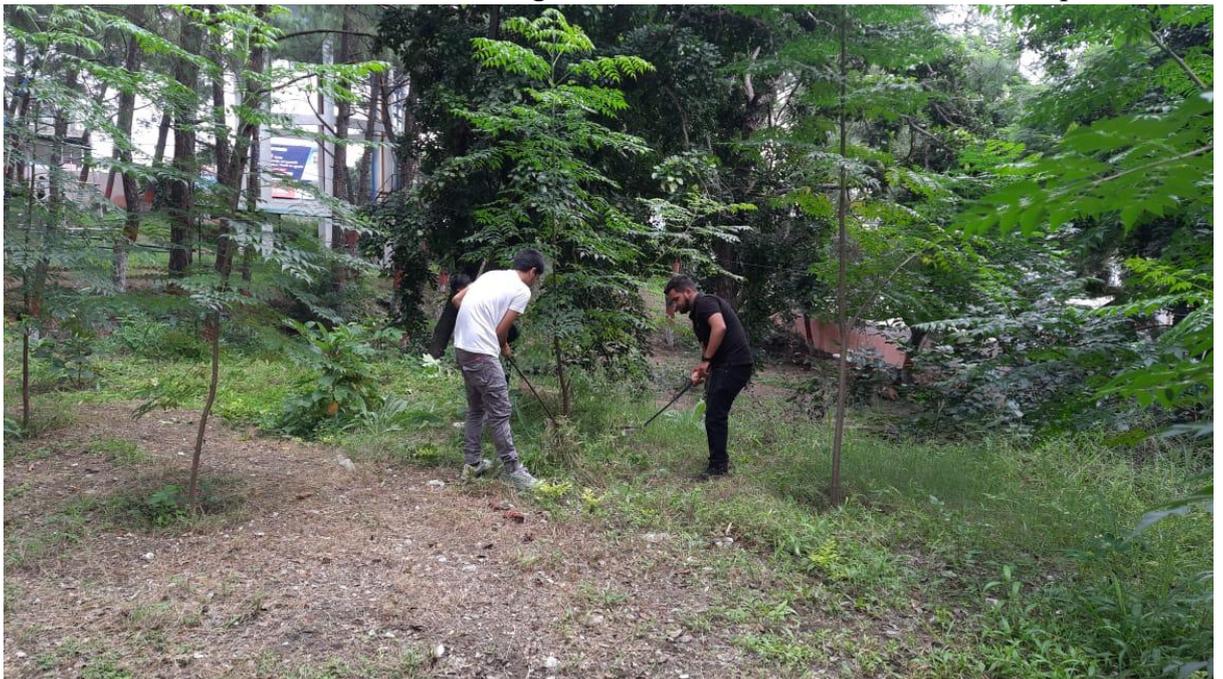
Hamirpur

NSS

Coordinator.



3. On 26<sup>th</sup> September 2024, plants were purchased and a plantation drive was organised in college campus.



4. On 1<sup>st</sup>October 2024, Volunteers Nisha and Ayush Bhatia along with NSS PO Prof. Sanjay Chauhan participated in state level Pre RD camp at MLSM Sunder Nagar.



5. On 8<sup>th</sup>October and 10<sup>th</sup> October 2024 cleanliness drive was conducted in NSS Vatika and near main gate of the college respectively, under the theme of Swachhata Hi Seva campaign.



6. On the occasion of “Diwali with my Bharat” cleanliness drive was conducted in the college campus on 26<sup>th</sup> October 2024.



7. On 7<sup>th</sup> November 2024 cleanliness drive was conducted in at vermi-compost unit in the college.



8. NSS volunteers participated in the march past in the athletic meet held on 13<sup>th</sup> November 2024.



9. On 18<sup>th</sup> November 2024 plants were purchased and a plantation drive was organised in college campus.



10. On 19<sup>th</sup> November 2024 my Bharat outreach Programme was conducted in college campus and in NSS adopted village Anoo Kalan.



11. Constitution day was celebrated on 26<sup>th</sup> November 2024.



12. Blood Donation Camp was organised on 18<sup>th</sup> December 2024 in the college campus in collaboration with Rotary Club and ShubhPrabhat Club in which total 35 Units of blood

was

collected.



13. NSS volunteers participated in District level youth festival organised by Nehru Yuva Kendra Hamirpur on 21<sup>st</sup> December 2024 on the theme 'PanchPran'.



14. 7days Yoga classes were organized for NSS volunteers during seven days NSS Camp held on 28<sup>th</sup> December2024 to 3<sup>rd</sup> January 2025.Yoga instructor Mrs. Monika Rani, delivered lecture on importance of Yoga on 28<sup>th</sup> December 2024 and focused on various Asanas for overall development of volunteers.



15. Cleanliness of Examination hall and Lecture on “managing stress and personality development” was delivered by Dr. Krishan Lal Daroch, associate professor Zoology, on 29<sup>th</sup>





15. Eradication of weeds and waste material near gate no. 2 and Lecture on “Youth for Digital Literacy” was delivered by Prof LovliRana, AP Physics on 30<sup>th</sup> December



2024.



16. Drug awareness rally was organized by NSS volunteers from college campus to Anu village on 31<sup>st</sup> December 2024 during seven days NSS Camp.



17. Cleanliness and eradication of weeds from Aayush garden and Lecture on “Yuva for My Bharat” by Mr. Vivek, District Youth Organizer of District Hamirpur, was organized for NSS volunteers on 31<sup>st</sup> December 2024.



18. On 1<sup>st</sup> January 2025 Cleanliness drive near Rangmanch and lecture on “Cyber-crime, Digital Awareness and fire safety” was delivered by Mr. Rajesh Kumar, ASP Hamirpur.



19. Lecture on “Effect of mobile on mental health and personal hygiene and balanced Diet” was delivered by Dr.Akshit on 2nd January 2025.



20. NSS volunteer Jagriti participated in all women national integration camp held on 3<sup>rd</sup> to 9<sup>th</sup> January 2025 in Jammu.