



**NSCB Memorial Govt. Degree College  
Hamirpur  
District Hamirpur (H.P.)**

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## Orientation Cum Gender Sensitisation Program

Organised by Women Grievances and Redressal Cell GC Hamirpur  
in the months of August and September 2025  
for the female students of First Year

Dated: 28<sup>th</sup> August, 2025

### B.Com 1<sup>st</sup> Year and M.Com 1<sup>st</sup> Semester

#### **Orientation cum Gender Sensitization Program**

An orientation program was conducted in the Department of Commerce under Women Grievances and Redressal Cell on 28<sup>th</sup> August, 2025 under the chairmanship of **Prof. Neelam Guleria, convener of this cell**. The main objective of conducting this orientation program is to aware the new entrants girl students with the women cell of this college. The various topics addressed during the program including awareness regarding sexual harassment of women at workplace, women health & hygiene, drug abuse, self defense, women helpline numbers etc. Near about **85 students of B.Com 1<sup>st</sup> year and M.Com 1<sup>st</sup> Sem.** participated in it. **Prof. Alpna Sharma, Dr. Poonam Sharma and Dr. Kanika Kaondal** were also present in the session and gave their valuable views on the topics discussed in it. The session was ended with the vote of thanks to the convener for bringing such an insightful session for the girl students.







Dated: 28<sup>th</sup> August, 2025

## BBA and BCA 1<sup>st</sup> Semester

### Orientation cum Gender Sensitization Program

An orientation program was conducted in the Department of BCA & BBA under Women Grievances and Redressal Cell on 28<sup>th</sup> August, 2025 under the chairmanship of Prof. Neelam Guleria, convener of this cell. The main objective of conducting this orientation program is to aware the new entrants girl students with the women cell of this college. The various topics addressed during the program including awareness regarding sexual harassment of women at workplace, women health & hygiene, drug abuse, self defense, women helpline numbers etc. Near about 213 students of BCA AND BBA 1<sup>ST</sup> SEMESTER participated in it. **Dr. Kalpana bhandari, Prof. Shilpa Thakur, Dr. Bhanu Priya, Dr. Chandresh, Prof. Shilpa Bajaj and Prof. Madhuri Gupta** were also present in the session and gave their valuable views on the topics discussed in it. The session was ended with the vote of thanks to the convener for bringing such an insightful session for the girl students.









Dated: 28<sup>th</sup> August, 2025

## **BVoc 'Hospitality and Tourism' and 'Retail Management' 1<sup>st</sup> Semester**

### **Orientation cum Gender Sensitization Program**

Topics addressed during orientation by Ms Meenakshi and Ms Deepika-

1. Awareness regarding Women cell at college
2. Awareness regarding sexual harassment of women at workplace
3. Women Health & Hygiene
4. Drug Abuse
5. Self Defence
6. Women Helpline Numbers etc.

**No. of students participated -37**







Dated: 29<sup>th</sup> August, 2025

## B.Sc 1<sup>st</sup> year

### Orientation cum Gender Sensitization Program

An Orientation cum Gender Sensitization program for B.Sc. 1<sup>st</sup> year students was conducted in the Department of Chemistry under Women Grievances and Redressal Cell on 29<sup>th</sup> August, 2025. The members of the cell, **Dr. Naisergik Deepika Khanna**, **Dr. Monika Puri**, **Prof. Anjna** and **Dr. Sapana Kumari** were present during the program and shared their valuable views on the topics including awareness regarding Women Grievances and Redressal Cell at college, sexual harassment of women at workplace, women health & hygiene, balanced diet, drug abuse, self defense, anti-ragging squad, proper dressing, women helpline numbers etc. The main objective of conducting this orientation program was to make the newly joined girl students aware of women cell of this college. About **160 girl students** of B.Sc. 1<sup>st</sup> year participated in this program. The session was ended with the discussion of student's grievances regarding maintenance of proper supply of water, lights and dustbins in girl's common room.





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Dated: 9<sup>th</sup> September , 2025

## B.A. 1<sup>st</sup> year

### **Orientation cum Gender Sensitization Program**

An orientation program was organized on 9th September 2025 for the BA 1st year female students under the Women Grievances and Redressal Cell, GC Hamirpur. The key objective of this initiative was to acquaint the newly admitted students with the Women's Cell of the college and to sensitize them about issues concerning women's rights, safety, health and hygiene and well-being.

The program addressed several significant topics:

- 1. Sexual harassment at the institution/ workplace:** Students were informed about what constitutes harassment, their rights under the law, and the mechanisms available for redressal, both within institutions and at the workplace.
- 2. Women's health and hygiene:** The session highlighted the importance of menstrual hygiene, preventive health care, mental health awareness, and breaking stigmas associated with women's health.
- 3. Drug abuse:** The harmful physical, psychological, and social effects of substance abuse were discussed, along with strategies to resist peer pressure and seek timely help.
- 4. Self-defense:** The importance of self-protection techniques for boosting confidence and ensuring safety was emphasized.
- 5. Women helpline numbers:** Students were made aware of various emergency helplines and support services available for women in distress.

Nearly **210 first-year female students** participated actively in the program.

**Prof. Neena Kumari, Prof. Apoorva, and Prof Harsha** enriched the session by sharing their valuable insights and practical advice, making the orientation both informative and empowering for the students.



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