

INSTITUTIONAL TRAINING SYLLABUS 2019

SD/SW (ARMY): SPECIALISED SUBJECTS

BLOCK SYLLABUS

FIRST YEAR

S. NO.	SUBJECT	TOTAL PERIODS
1	Armed Forces	3
2	Map Reading	9
3	Field Craft & Battle Craft	8
4	Introduction to Infantry Weapons & Equipment	3
5	Military History	7
6	Communication	1
	TOTAL	31

1. Armed Forces (AF)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	AF-1	Armed Forces, Army, CAPF, Police	L	3
		TOTAL	-	3

2. Map Reading (MR)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	MR-1	Introduction to Map Reading	L/P	3
(ii)	MR-2	Conduct of MR Google and Apps	L/P	6
		TOTAL	-	9

3. Field Craft and Battle Craft (FC & BC)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	FC & BC-1	Introduction to Field Craft	L/P	3
(ii)	FC & BC-2	Indication of Landmark	L/P	2
(iii)	FC & BC-3	Observation, Camouflage & Concealment	L/P	3

		TOTAL	-	8
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4. Introduction to Infantry Weapons & Equipments (INF)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	INF-1	Organization of Infantry Battalion & its weapons	L/V	3
		TOTAL	-	3

5. Military History (MH)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	MH-1	Biographies of Renowned Generals	L/V	3
(ii)	MH-3	Study of Battles – Indo Pak War 1965,1971 & Kargil	L/V	2
(iii)	MH-4	War Movies	V	2
		TOTAL	-	7

6. Communication (C)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	C-2	Basic Communication Procedure	L/P	1
		TOTAL	-	1

INSTITUTIONAL TRAINING SYLLABUS 2019

SD/SW (ARMY): COMMON SUBJECTS

BLOCK SYLLABUS

FIRST YEAR

S. NO.	SUBJECT	TOTAL PERIODS
1	NCC General	6
2	National Integration and Awareness	5
3	Drill	21
4	Weapon Training	13
5	Personality Development	5
6	Leadership	3
7	Disaster Management	7
8	Social Service and Community Development	10
9	Health and Hygiene	5
10	Adventure	1
11	Obstacle Training	3
	TOTAL	79

1. NCC General (N)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	N-1	Aims, Objectives & Organization of NCC	L	1
(ii)	N-2	Incentives	L	2
(iii)	N-3	Duties of NCC	L	1
(iv)	N-4	NCC Camps: Types & Conduct	L	2
		TOTAL	-	6

2. National Integration & Awareness (NI)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	NI-1	Aims, Objectives & Organization of NCC	L	2
(ii)	NI-2	Incentives	L	1
(iii)	NI-3	Duties of NCC	L	2
		TOTAL	-	5

3. Drill

(a) Foot Drill (FD)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	FD-1	Drill Ki Aam Hidayaten aur Word of Commands	L/P	1
(ii)	FD-2	Savdhan, Vishram, aram Se aur MurdnSa	L/P	2
(iii)	FD-3	Kadvar Aizing, Teen Line Banana, Khuli Line aur Nikat Line	L/P	2
(iv)	FD-4	Khade Khade salute Karna Parade par, Visarjan, Line Tod	L/P	1
(v)	FD-5	Tej Chal, Tham aur Dhire Chal, Tham	L/P	3
(vi)	FD-6	Dahine, Baen, Aage aur Piche KAdam Lena	L/P	1
(vii)	FD-7	Tej Chal se Murna	L/P	2
(viii)	FD-9	Tej Kadam Taal aur Tham	L/P	1
(ix)	FD-10	Tej Kadam Taal se Kadam Badalna	L/P	2
		TOTAL	-	15

(b) Drill with Arms (AD)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	AD-1	Rifle ke Saath Savadhan, Vishram aur Aram se	L/P	2
(ii)	AD-2	Rifle ke Saath Parade Par aur Saj	L/P	1
(iii)	AD-3	Rifle ke Saath Visarjan, Line Tod	L/P	1
(iv)	AD-4	Bhumi Shastra aur Uthao Shastra	L/P	1
(v)	AD-5	Bagal Shastra aur Baju Shastra	L/P	1
		TOTAL	-	6

4. Weapon Training (WT)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	WT-1	Introduction &	L/P	3

		Characteristics of .22 rifle		
(ii)	WT-2	Handling of .22 rifle	L/P	3
(iii)	WT-3	Range Procedure & Theory of Group	L	1
(iv)	WT-4	Short Range Firing	L/P	6
		TOTAL	-	13

5. Personality Development (P)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	P-1	<u>Personality Development Capsule</u> Self Awareness, Empathy, Critical and Creative Thinking, Decision Making	L	2
(ii)	P-3	<u>Group Discussion</u> Stress & Emotion, Change your mindset, Inter Personal Relation & Team Work, Time Management, Civic Sense	L/Di	1
(iii)	P-5	Public Speaking	P	2
		TOTAL	-	5

6. Leadership Development (LD)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	LD-1	<u>Leadership Capsule</u> Traits, Indicators, Motivation, Ethics, Honour Code	L/Di	3
Any other Case Study as deemed appropriate by the respective Dtes				
		TOTAL	-	3

7. Disaster Management (DM)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	DM-1	<u>Disaster Mangement Capsule</u> Soch Vichar, Types, Org, Capability & Role of NCC Cadets , Team Composn &	L	3

		Eqpt for specific disasters		
(ii)	DM-2	Fire Service & Fire Fighting	L/D	1
(iii)	DM-3	<u>Initiative Trg,</u> <u>Organising Skills, Do's & Don't's</u> Natural Disasters Man Made Disasters	L/D	2 1
		TOTAL	-	7

8. **Social Service and Community Development (SS)**

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	SS-1	<u>Social Service Capsule</u> Basics, Rural Development Programs, NGOs, Contribution of Youth	L	3
(ii)	SS-2	Swatch Bharat Abhiyan	P	3
(iii)	SS-3	<u>Social Service and Community Development Activities</u> Soch Vichar, Social Evils, Beti Bachao Beti Padhao, Drug Abuse, Mission Indradhanush, Digital Awareness, Waste Mgt, Women Health and Sanitation, Tree Plantation, Tfc Awareness , Pollution	L	1
(iv)	SS-4	Protection of Children & Women Safety	L	1
(v)	SS-6	New Initiatives	L	1
(vi)	SS-7	Cyber & Mobile Security Awareness	L	1
		TOTAL	-	10

9. **Health and Hygiene (HH)**

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	H-1	Hygiene & Sanitation (Personal & Camp Hygiene), Soch Vichar	L	1
(ii)	H-2	First Aid in Common Medical Emergencies,	L/D/P	3

		Treatment & care of Wounds		
(iii)	H-3	Introduction to Yoga & Exercises	L/D/P	1
		TOTAL	-	5

10. Adventure (ADV)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	ADV-1	Introduction to Adventure Activities	L	1
		TOTAL	-	1

11. Obstacle Training (OT)

S NO	CODE	SUBJECT	TYPE	TOTAL PERIODS
(i)	OT-1	Obstacle Course	L/D/P	3
		TOTAL	-	3