

TIME-TABLE FOR PHYSICAL EDUCATION DEPARTMENT 2023-24

Class	9.30-10.10	10.10-10.50	10.50-11.30	11.30-12.10	12.10-12.50	12.50-1.30	1.30-2.10	2.10-2.50	2.50-3.30	3:30-4:10
BA I		Introduction to Phy. Edu (1-3) Olympic Movement(4-6)	Athletics & Games -1 (Shot put & Long Jump) Practical (1-3)	Athletics & Games -2 (Weightlifting/Badminton) Practical (4-6)						
BA II	Sports Medicine, Physiotherapy and Rehabilitation(1-3) Sports Training(4-6)		DSC(1-3) Human Anatomy and Physiology					DSC(4-6) Sports Psychology	Athletics & Games 3 (High Jump & Javelin)(Hand ball/Boxing (1-3)	Athletics & Games -4(Discus & Triple Jump(Hockey/ Judo) (4-6)
BA III				SEC (1-3) Specialization in Volleyball Specialization in Athletics(4-6)		DSC(1-3) Recreation Methods of Teaching in Physical Education (4-6)		GE(1-3) Health Education and Nutrition Yoga (4-6)		

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